

| | ABSOLUTO | 18 AÑOS | 17 AÑOS | 16 AÑOS | 15 AÑOS | 14 AÑOS | 13 AÑOS | 12 AÑOS | 11 AÑOS | 10 AÑOS | 9 AÑOS | 8 AÑOS | 7 AÑOS |
|--------------|--|--|---|--|--|--|--|--|---|--|---|--|--|
| 50 LIBRES | 24,36 Abel Martínez Sabadell 2014 | 25,66 Miguel Ruiz Logroño 2021 | 25,04 Abel Martínez Logroño 2015 | 24,36 Abel Martínez Sabadell 2014 | 25,22 Abel Martínez Logroño 2013 | 25,54 Abel Martínez Logroño 2012 | 26,47 Abel Martínez Logroño 2011 | 27,20 Abel Martínez Logroño 2010 | 30,12 Abel Martínez Zaragoza 2009 | 34,84 Eduardo Medel Logroño 2014 | 37,94 Sergio Lorente Logroño 2016 | 37,51 Lucas Topircean Logroño 2024 | 44,59 Sergio Martínez Logroño 2017 |
| 100 LIBRES | 54,03 Abel Martínez Sabadell 2014 | 54,54 Guillermo Ruiz Logroño 2015 | 54,66 Guillermo Ruiz Logroño 2014 | 54,03 Abel Martínez Sabadell 2014 | 55,38 Mario Pérez Logroño 2022 | 57,50 Mario Pérez Logroño 2021 | 55,44 Abel Martínez Madrid 2011 | 58,38 Abel Martínez Logroño 2010 | 1:09,72 Abel Martínez Logroño 2009 | 1:21,90 Aimar Martínez Logroño 2015 | 1:26,36 Sergio Lorente Logroño 2016 | 1:37,35 Pablo Lorente Logroño 2011 | 2:11,32 Sergio Lorente Logroño 2014 |
| 200 LIBRES | 1:57,82 Abel Martínez Logroño 2015 | 1:59,87 Guillermo Ruiz Vitoria 2015 | 1:57,82 Abel Martínez Logroño 2015 | 2:01,69 Abel Martínez Logroño 2014 | 2:01,33 Mario Pérez Logroño 2022 | 2:04,49 Mario Pérez Logroño 2021 | 2:08,09 Abel Martínez Logroño 2011 | 2:20,84 Abel Martínez Logroño 2010 | 2:39,81 Miguel Ruiz Logroño 2014 | 2:44,60 Miguel Arenzana Zaragoza 2005 | | | |
| 400 LIBRES | 4:09,51 Abel Martínez Logroño 2014 | 4:35,95 Guillermo Ruiz Logroño 2015 | 4:10,52 Abel Martínez Logroño 2015 | 4:09,51 Abel Martínez Logroño 2014 | 4:19,57 Mario Pérez Logroño 2022 | 4:28,29 Mario Pérez Logroño 2021 | 4:33,79 Abel Martínez Logroño 2011 | 5:08,49 Mario Pérez Logroño 2019 | 5:36,66 Iván Martínez Logroño 2016 | | | | |
| 800 LIBRES | 8:56,15 Abel Martínez Logroño 2015 | 9:16,12 Guillermo Ruiz Logroño 2015 | 8:56,15 Abel Martínez Logroño 2015 | 9:37,24 Mario Pérez Logroño 2023 | 8:59,82 Mario Pérez Logroño 2022 | 9:33,86 Mario Topircean Logroño 2024 | 9:24,11 Mario Pérez Logroño 2020 | 11:11,82 Iván Martínez Logroño 2017 | | | | | |
| 1500 LIBRES | 16:54,68 Iván Martínez Logroño 2020 | 17:33,26 Guillermo Ruiz Logroño 2015 | 18:05,83 Diego Miranda Pontevedra 2007 | 19:43,55 Mario Regaira Logroño 2022 | 16:54,68 Iván Martínez Logroño 2020 | 17:57,18 Mario Pérez Logroño 2021 | 19:11,61 Sergio Arnedo Logroño 2012 | 20:54,82 Iván Martínez Logroño 2017 | | | | | |
| 50 ESPALDA | 27,25 Iván Martínez Zaragoza 2019 | 28,86 Jorge Mancebon Madrid 2006 | 29,18 Jorge Mancebon Murcia 2005 | 29,36 Jorge Mancebon León 2004 | 30,84 Miguel Ruiz Calahorra 2018 | 27,25 Iván Martínez Zaragoza 2019 | 30,81 Iván Martínez Madrid 2018 | 32,48 Iván Martínez Logroño 2017 | 37,46 Iván Martínez Calahorra 2016 | 37,84 Iván Martínez Logroño 2015 | 40,41 Iván Martínez Logroño 2014 | 41,24 Lucas Topircean Logroño 2024 | 52,86 Sergio Martínez Logroño 2018 |
| 100 ESPALDA | 57,25 Iván Martínez Zaragoza 2019 | 1:02,10 Jorge Mancebon Madrid 2006 | 1:02,25 Jorge Mancebon Murcia 2005 | 1:02,89 Jorge Mancebon León 2004 | 1:05,94 Miguel Ruiz Logroño 2018 | 57,25 Iván Martínez Zaragoza 2019 | 1:04,11 Iván Martínez Logroño 2018 | 1:07,67 Iván Martínez Logroño 2017 | 1:19,74 Iván Martínez Logroño 2016 | 1:20,13 Iván Martínez Logroño 2015 | 1:43,16 David Pacio Zaragoza 2003 | | |
| 200 ESPALDA | 2:11,62 Iván Martínez Logroño 2019 | 2:17,67 Jorge Mancebon Madrid 2006 | 2:16,58 Jorge Mancebon Murcia 2005 | 2:15,91 Jorge Mancebon León 2004 | 2:21,75 Mikel Esparza Logroño 2024 | 2:11,62 Iván Martínez Logroño 2019 | 2:18,14 Iván Martínez Logroño 2018 | 2:31,64 Iván Martínez Logroño 2017 | 2:46,26 Iván Martínez Logroño 2016 | | | | |
| 50 BRAZA | 31,78 Eduardo Medel Logroño 2024 | 32,15 Nicolás Magarín Logroño 2019 | 32,03 Guillermo Ruiz Logroño 2014 | 32,19 Mario Pérez Logroño 2023 | 33,02 Eduardo Medel Logroño 2019 | 34,02 Eduardo Medel Logroño 2018 | 35,04 Alberto Miranda Zaragoza 2004 | 38,25 Alberto Miranda Zaragoza 2003 | 43,20 Eduardo Medel Calahorra 2015 | 47,89 Eduardo Medel Logroño 2014 | 50,42 Iván Martínez Logroño 2014 | 52,06 Sergio Medrano Logroño 2001 | 1:09,55 Sergio Lorente Logroño 2014 |
| 100 BRAZA | 1:07,54 Guillermo Ruiz Logroño 2014 | 1:08,18 Guillermo Ruiz Logroño 2015 | 1:07,54 Guillermo Ruiz Logroño 2014 | 1:10,47 Mario Pérez Logroño 2023 | 1:11,47 Mario Pérez Logroño 2022 | 1:12,14 Alberto Miranda Logroño 2005 | 1:15,53 Alberto Miranda Zaragoza 2004 | 1:21,98 Alberto Miranda Zaragoza 2003 | 1:30,66 Abel Martínez Arnedo 2009 | 1:43,70 Eduardo Medel Logroño 2014 | 1:46,80 Miguel Arenzana Logroño 2004 | 2:01,94 Miguel Arenzana Zaragoza 2003 | |
| 200 BRAZA | 2:29,83 Guillermo Ruiz Logroño 2015 | 2:29,83 Guillermo Ruiz Logroño 2015 | 2:34,67 Nicolás Magarín Logroño 2018 | 2:32,05 Guillermo Ruiz Logroño 2013 | 2:36,97 Mario Pérez Logroño 2022 | 2:37,06 Alberto Miranda Zaragoza 2005 | 2:43,75 Alberto Miranda Zaragoza 2004 | 2:59,10 Alberto Miranda Zaragoza 2003 | 3:29,20 Mario Pérez Logroño 2018 | | | | |
| 50 MARIPOSA | 26,61 Guillermo Ruiz Logroño 2015 | 26,61 Guillermo Ruiz Logroño 2015 | 26,84 Guillermo Ruiz Logroño 2014 | 27,58 Guillermo Ruiz Calahorra 2013 | 27,43 Mikel Esparza Logroño 2024 | 28,82 Iván Martínez Logroño 2019 | 29,94 Abel Martínez Madrid 2011 | 30,47 Abel Martínez Zaragoza 2010 | 37,06 Iván Martínez Calahorra 2016 | 38,53 Iván Martínez Zaragoza 2015 | 46,06 Sergio Lorente Arnedo 2016 | 53,16 Sergio Martínez Logroño 2019 | |
| 100 MARIPOSA | 56,65 Guillermo Ruiz Logroño 2015 | 56,65 Guillermo Ruiz Logroño 2015 | 59,54 Abel Martínez Logroño 2015 | 59,61 Guillermo Ruiz Logroño 2013 | 1:00,90 Mikel Esparza Logroño 2024 | 1:01,13 Iván Martínez Logroño 2019 | 1:03,58 Abel Martínez Madrid 2011 | 1:14,73 Abel Martínez Huesca 2010 | 1:11,09 Alberto Miranda Zaragoza 2004 | 1:27,49 Iván Martínez Logroño 2015 | 1:54,85 Carlos Pérez Zaragoza 2003 | | |
| 200 MARIPOSA | 2:06,36 Guillermo Ruiz Logroño 2015 | 2:06,36 Guillermo Ruiz Logroño 2015 | 2:12,54 Guillermo Ruiz Logroño 2014 | 2:20,49 Luca Gvaramia Logroño 2019 | 2:18,58 Mikel Esparza Logroño 2024 | 2:19,83 Iván Martínez Logroño 2019 | 2:36,26 Mikel Esparza Logroño 2022 | 2:52,67 Iván Martínez Logroño 2017 | 3:39,72 Pablo Lorente Logroño 2014 | | | | |
| 100 ESTILOS | 1:00,39 Guillermo Ruiz Logroño 2014 | 1:00,76 Guillermo Ruiz Calahorra 2015 | 1:00,39 Guillermo Ruiz Logroño 2014 | 1:01,05 Guillermo Ruiz Zaragoza 2013 | 1:03,58 Mario Pérez Zaragoza 2022 | 1:05,02 Iván Martínez Zaragoza 2019 | 1:09,01 Iván Martínez Zaragoza 2018 | 1:10,54 Abel Martínez Zaragoza 2010 | 1:19,42 Mario Pérez Zaragoza 2018 | 1:27,29 Iván Martínez Zaragoza 2015 | 1:30,25 Iván Martínez Zaragoza 2014 | 1:51,55 Sergio Martínez Arnedo 2019 | 2:18,03 Alejo González Logroño 2015 |
| 200 ESTILOS | 2:11,69 Guillermo Ruiz Calahorra 2015 | 2:11,69 Guillermo Ruiz Calahorra 2015 | 2:12,69 Guillermo Ruiz Logroño 2014 | 2:16,78 Alberto Miranda Pontevedra 2007 | 2:16,66 Mario Pérez Logroño 2022 | 2:17,56 Iván Martínez Logroño 2019 | 2:23,80 Abel Martínez Madrid 2011 | 2:40,65 Mario Pérez Logroño 2019 | 2:53,81 Alberto Miranda Calahorra 2002 | 3:06,32 Iván Martínez Zaragoza 2015 | | | |
| 400 ESTILOS | 4:44,37 Guillermo Ruiz Logroño 2014 | 5:18,55 Mario Regaira Logroño 2024 | 4:44,37 Guillermo Ruiz Logroño 2014 | 4:53,06 Guillermo Ruiz Logroño 2013 | 4:52,34 Alberto Miranda Santurzi 2006 | 5:04,63 Iván Martínez Logroño 2019 | 5:17,72 Sergio Arnedo Logroño 2012 | 5:51,73 Iván Martínez Logroño 2017 | | | | | |